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*“The Art Of Health” On Display At  
Brentwood Ctr. Of Health Through Aug. 6*

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**W**hat does art have to do with your health? According to some scientists, art and creativity can have a direct effect on ones health and the aging process. The Society for the Arts in Healthcare, along with the entire arts in healthcare community, is dedicated to pursuing qualitative and quantitative evidence to support the development and maintenance of arts in healthcare programs.

One local St. Louis business is equally committed to the arts and their place in healthcare. On May 14<sup>th</sup>, over 120 people have celebrated the important place the arts have in aiding health and healing at Brentwood Center of Health. What brought all these people together? A unique exhibition called “The Art of Health”, which features the works a local artist throughout 3000 sq. ft. health center. An opening reception for the show, exploring nature in watercolor, printmaking and Oriental Sumi-e ink painting, brought friends, healthcare professionals, and clients alike together at the newly expanded Brentwood Center of Health.

“The Art of Health”, an appropriate name for

the exhibition, was the idea of owners Suzanne and Shawn Tucker, both physical therapists. “We are really pleased with the awareness the show brings to art and its effect on our health. The combination of color, music, and beautiful art is welcoming to all, and we find, important in the process of improving one’s health.” Says Shawn Tucker. Suzanne adds, “Having the art on display throughout the center is a natural. It put our clients at ease the minute they walk into our space, and often it makes them smile on an otherwise stressful day. Our staff really appreciated the setting as well.”

“The arts have an extraordinary ability to enhance our lives, to help us heal and to bring us comfort in times of great stress. We must reconnect the arts with the actual human existence that Americans lead,” said NEA Chair and Poet, Dana Gioia, associated with the Society for the Arts in Healthcare.

“The Art of Health”, featuring Pamela Ryan, will be on display at Brentwood Center of Health through August 6. Interested persons may visit the center at 2558 S. Brentwood BLVD., from 9 - 5 p.m. Mondays - Fridays, or call 314-961-8940 for more information.